

7th and 8th and 7-12th Grade Soccer Rules Short Form

Number of Players: 11, one of whom is a goalkeeper. The goalkeeper should not be the responsibility of just one player, but all team members should be given the opportunity to play this position.

Forfeit: Teams must have at least 7 players at the start of the game or it is declared a forfeit.

Substitutions: At the end of a period, after a goal, on a throw in by your team, on a corner kick by your team, on a goal kick by either team. Substitutions should enter the field at the Half field mark.

Duration of Game: 2 halves of 30 minutes, and a 5 min halftime break.

Start of Play: On a Kickoff the ball must be stationary on the ground at the center of the field and be played to another player. **The ball does not have to go forward.**

Offsides: The offside rules are in effect.

Spectators and Coaches positioning: Parents, coaches, assistant coaches, non-participating players, and spectators will be located not less than 4 feet from the out of bounds touch line (side line) and they will be no closer than 20 yards from the goal line. No individual will be allowed to run the length of the field or enter the field of play except for participants of the game. The only exception should be that coaches and parents may enter the field of play to help an injured player when the referee stops play and signals that they may enter the field.